



## *Bridgeview House*

# ACTIVITY PLANNER FOR DECEMBER 2018

May be subject to change/alteration

1 AM – Classic Film (Xmas) PM – Relaxing Time	17 AM – Music & Movement to Xmas Carols PM – Writing Cards & Wrapping Gifts
2 AM – Board Games PM – Easy Listening	18 AM – Quiz Time PM – Classic Movie (Choice)
3 AM – Gentle Exercise PM – Arts & Crafts	19 AM – Hairdresser PM – Word Quiz
4 AM – Manicures PM – Classic TV	20 AM – Gentle Exercise PM – Manicures
5 AM – Hairdresser PM – Volunteers/Hollywood Movie	21 AM – One To one PM – Bingo
6 AM – Sharing Memories PM – Lets Have A Chat	22 AM – Gentle Exercise with Carers PM – Classic TV
7 AM – One to One PM – Bingo	23 AM – Easy Listening PM – Board Games
8 AM - Chair Exercise With Carers PM - Easy Listening	24 AM – Gentle Exercise PM – Sharing Memories
9 AM – Board Games PM – Movie (Xmas)	25 AM – <i>Christmas Carols</i> PM – <i>Christmas Lunch</i>
10 AM – Music & Movement PM – Lets Have A Chat	26 AM – Hairdreser PM – Classic Christmas Movies
11 AM – Christmas Carols Practice PM – Arts & Crafts	27 AM – Sparkle Quiz PM - Christmas Quiz
12 AM – Hairdresser PM – Decorate the Tree	28 AM – One to One PM – Music In Hospitals/David
13 AM - Manicures PM - Sing Song/Classic TV	29 AM – Classic Hollywood PM – Birthday Celebrations
14 AM – Christmas Party/Entertainer PM – Birthday Celebrations	30 AM – Charades PM – Easy Listening
15 AM – Wall Darts PM – Birthday Celebrations	31 AM – Gentle Exercise PM – Sharing The Year’s memories
16 AM – Easy Listening PM – Arts & Crafts	<div style="display: flex; align-items: center; justify-content: center;"> <span style="font-size: 2em; color: purple; font-family: cursive;">Happy New year</span> </div>