

Activity Planner

May 2017

May be subject to change/alteration

Bridge View House
Dundee



1 AM – Gentle exercise PM – Pavis clothing sale	17 AM – Hairdresser/Hand massage PM – Wishing Tree Wednesday
2 AM – Play your cards right PM – Sharing Memories	18 AM – Floor netball PM – Lunch club
3 AM – Hairdresser/Hand massage PM – Wishing Tree Wednesday	19 AM – 1-2-1 time PM – Ally B in the big lounge
4 AM- Floor netball PM – Lunch club	20 AM – Dancing PM – Manicures
5 AM – 1-2-1 time PM – Singalong	21 AM – Gentle exercise PM – Easy listening
6 AM – Manicures PM - Dancing	22 AM – Arts & Crafts PM – Boardgames
7 AM – Gentle exercises PM – Easy listening	23 AM – Sharing memories PM – Play your cards right
8 AM – Beanbag bonanza PM – Easy listening	24 AM – Hairdresser/Hand massage PM – Wishing Tree Wednesday
9 AM – Bingo PM – Charlie with Music in Hospitals	25 AM – Beanbag Bonanza PM – Lunch club
10 AM – Hairdresser/Hand massage PM – Wishing Tree Wednesday	26 AM – Singsong PM – 1-2-1 time
11 AM – Go for Gold PM – Go for Gold/Lunch club	27 AM – Skittles PM – Floor netball
12 AM – Arts & Crafts PM – Boardgames	28 AM – Musical instruments PM – Relaxing time
13 AM – Musical instruments PM - Relaxing time	29 AM – Gentle exercise PM – Bingo
14 AM – Skittles PM – Floor Netball	30 AM – Sharing memories PM – Play your cards right
15 AM – Gentle exercise PM – Beanbag bonanza	31 AM – Hairdresser/Hand massage PM – Wishing Tree Wednesday
16 AM – Play your cards right PM – Sharing memories	