



BRIDGE VIEW HOUSE

Activity Planner

FEBRUARY 2019

May be subject to change/alteration

1 AM – Outdoor Exercise (weather permitting) PM – Arts & Crafts -Flower Arranging	17 AM – Sunday Papers PM – Relaxing To Music
2 AM – Relaxing TV PM – Sing Song	18 AM – Lets Have A Chat PM – Ball Games
3 AM – Sunday Papers PM – Easy Listening	19 AM – Outdoor Exercise (weather permitting) PM – Arts & Crafts
4 AM – Sharing Memories PM – Dominoes	20 AM – Hairdresser PM – Chair Exercise
5 AM – Gentle Exercise PM – Bingo	21 AM – Quiz PM – Dominoes
6 AM – Hairdresser PM – Manicures	22 AM – Music/Sing Along PM – Dancing
7 AM – Lets Have A Chat PM – Bingo	23 AM – Chair Exercise With Carers PM – Relaxing TV
8 AM – Daily Sparkle PM – Movie – Resident’s Choice	24 AM – Board Games PM – Easy Listening
9 AM – Chair Exercise With Carers PM – Card Games	25 AM – One To One PM – Dominoes/Chess
10 AM – Easy Listening PM – Classic Movie	26 AM – Gentle Exercise PM – Arts & Crafts
11 AM – Outdoor Exercise PM – Dominoes/Chess	27 AM – Hairdresser PM - Manicures
12 AM – One to One PM – Bingo	28 AM – Lets Have A Chat PM – Outdoor Exercise !
13 AM - Hairdresser PM - Manicures/Lets Have A Chat	
14 AM – Chair Exercises PM – <i>Valentine’s Day-Entertainment !</i>	
15 AM – Arts & Crafts PM – Movie Time	
16 AM – Relaxing Watching TV PM – Board Games	