



# Activity Planner

## June 2017

May be subject to change/alteration

Bridge View House  
Dundee

1 AM – Arts & Crafts PM – Dementia Café – Awareness Week	17 AM – Gentle Exercise PM – Dancing
2 AM – Quiz Time PM – Birthday	18 AM – Easy Listening PM – Father Day
3 AM – Dancing PM – Manicures	19 AM – Facials PM – Song Book Melodies
4 AM – Gentle Exercise PM – Easy Listening	20 AM – Sharing Memories PM – Play Your Cards Right
5 AM – Arts & Crafts PM – Hairdresser	21 AM – Hairdresser PM – Wishing Tree Wednesday
6 AM – Letter Writing PM – Hollywood films	22 AM – Bean Bag Bonanza PM – Lunch Club
7 AM – Bean Bag Bonanza PM – Wishing Tree Wednesday	23 AM – One to One PM – Bingo
8 AM – Floor Netball PM – Lunch Club	24 AM – Skittles PM – Floor Netball
9 AM – Bingo PM – One to One	25 AM – Board Games PM – Relaxing Time
10 AM – Musical Instruments PM – Skittles	26 AM – Gentle Exercise PM – Quiz Time
11 AM – Card Games PM – Relaxing Time	27 AM – Letter Writing PM – Birthday
12 AM – Play Your Cards Rights PM – Bingo	28 AM – Hairdresser PM – Wishing Tree Wednesday / Birthday
13 AM – Arts & Crafts PM – Hand Massage	29 AM – Play Your Cards Right PM – Lunch Club
14 AM – Hairdresser PM – Wishing Tree Wednesday	30 AM – Easy Listening PM – Bingo
15 AM – Board Games PM – Lunch Club	
16 AM – CARE HOME OPEN DAY PM – CARE HOME OPEN DAY	